

WHY VITAMIN C-PLUZ

INTRODUCTION

ImmuBoost C Pluz a combination of Vitamin C and Zinc.

Vitamin C, also known as ascorbic acid, is necessary for the growth, development and repair of all body tissues. It's involved in many body functions, including formation of collagen, absorption of iron, the proper functioning of the immune system, wound healing, and the maintenance of cartilage, bones, and teeth.

Zinc is an essential micronutrient associated with over 300 biological functions.

Zinc helps boost the immune system and maintain mucous membranes. Mild Zinc deficiency is very common and can make you vulnerable to colds and flu.

Vitamin C Breakdown

The body needs vitamin C for various functions. Here are some of them:

- It helps the body produce collagen, L-carnitine, and some neurotransmitters.
- As an antioxidant, it helps remove unwanted substances known as reactive oxidative species (ROS) from the body.
- It helps the body absorb iron.
- It boosts the immune system.
- It enhances wound healing.

Vitamin C Facts

Exogenous glucocorticoid steroids are the only proven treatment for COVID-19. Vitamin C, a pleiotropic stress hormone, protecting the endothelium from oxidant injury.

Colds are caused by over 100 different virus strains, some of which are coronaviruses. Given the effect of vitamin C on colds - reduced duration, severity, and the number of colds - vitamin C administration may reduce conversion from mild infection to the critical phase of COVID-19.



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